

NutraTrack™ Mini

kitchen/calorie & nutrition scale

Take the guesswork out of what you're eating.™



Whether you're on a weight loss program, personal fitness regime or managing health risk conditions such as diabetes and hypertension, knowing exactly what's in your food is the key to making smarter choices and discovering a far wider, more enjoyable cuisine.

from calories and carbs for weight loss; fat, cholesterol and sodium for restricted diets; and display of protein and fiber is right there on the easy-to-read display.

If you would like to know the

nutrition facts in your entire meal, simply save the nutrition facts in the memory function of the scale and read the sum.

A "cup" of lettuce ???

With NutraTrack™, there's no more figuring out what a "standard portion" is or guessing

at hard-to-estimate amounts. Whether you're dieting, training or just watching what you eat, NutraTrack frees you to expand your culinary options without "breaking the rules."

If you're on any diet including DASH, TLK, HMR or others, NutraTrack is indispensable. For carb-restrictive plans, the Mini vastly expands your food options

by showing you the carbohydrate composition of anything and everything you eat.

Not all calorie/nutrition scales are created equal.

All other nutrition scales require consulting a code book for the food code before each use. Misplace the book and your scale is useless.

Only NutraTrack Mini has 160 of the most common food codes printed right under the glass top of the scale for quick and easy reference. Most users tell us that this list is all they really ever need. Plus...



NutraTrack is your essential tool for creating appealing, healthful meals, yet staying within your goals or specific diet program.

You can moderate those late-night snacks, or just explore the nutritional content of your favorite foods.

Quick and easy to use.

Press a button, place a food portion on NutraTrack™ Mini, and in seconds, you'll know exactly what's in what you're eating. Everything



- Easiest-to-use: Only NutraTrack Mini has **160** of the most common foods printed on the scale for quick and easy reference
- Easy 1-step access to information on **1,998** food items
- Add **999** custom foods aided by quick access to **6,500** more food items on our web site
- Seven nutritional values for each food: calories, carbs, fat, cholesterol, salt, protein, fiber
- Weighs in ounces, pounds/ounces, ounces, grams; fluid ounces and milliliters
- Precision 0.1-ounce/1 gram resolution
- Max weight capacity: 11 pounds/5 kg
- Battery operated with Auto Off
- Designed and engineered in the USA



Free! Take advantage of our optimized database of 6,500 additional foods.

Go to www.MackieScientific.com and easily download nutritional information on another 6,500 foods! It's like a "virtual thumb-drive" of specialty, fast food and ethnic items.

Use it to create up to 999 custom food codes (our competitors only allow 99).

Or, you can turn the information from the Nutrition Facts chart on any food package (just in case we haven't included those pickled kumquats you like) into a custom food code.

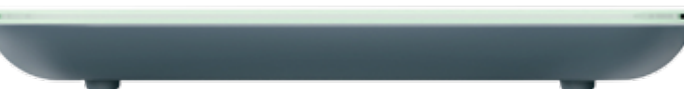
A versatile tool for your kitchen.

NutraTrack™ seamlessly changes units between ounces, pounds/ounces, fluid ounces, grams/kilograms and milliliters. It can handle up to eleven pounds (5.0 kg) or resolve down to as little as 1/10 ounce (1 gram). A tare (Ø) button lets you instantly subtract the weight of food containers or plates and lets you zero out food on the scale so you can add an additional ingredient, such as dressing for a salad.

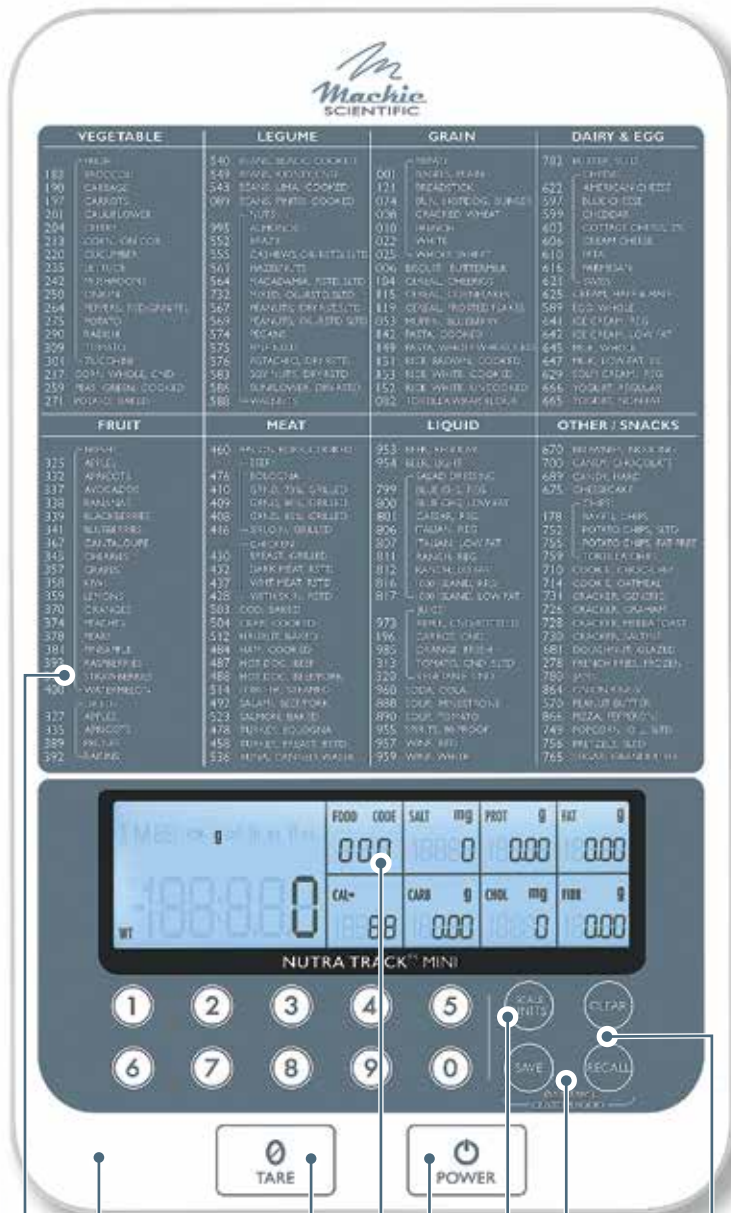
Put a Mini in your kitchen.

Whether you want to take off some pounds, more carefully follow a medically prescribed diet, or enhance a training regimen, NutraTrack™ is ready to help.

For more information and where to buy the world's best-value kitchen scale / food analyzer / diet tracker and nutritional reference, visit our web site at...



NutraTrack™ Mini: Super-thin, easy-to-store design



- Tempered glass surface.
- Tare (Ø) function lets you instantly subtract the weight of a plate, other container, or food.
- The codes for the most common foods are right in plain view so you don't have to look them up.
- Bright, back-lit display.
- Add up to 999 custom food codes.
- Switch or convert between ounces, pounds/ounces, grams or milliliters.
- Memory functions let you add a complete meal's different food values together.
- Auto shut-off



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NutraTrack is proudly designed and engineered in the Pacific Northwest by aging fitness fanatics.